

Westminster Cathedral
Primary School
Music Activities at Home



Y1

Dear parent/carers,

Thursday is music day at Westminster Cathedral Primary School with me, Miss Cox, so I decided I would come up with some activities and songs for you and your child/children to do at home over this period. This is not compulsory by any means, feel free to do one, two, some or all but a bit of listening and singing would be great! Music is a wonderful way to keep the spirits up during challenging times so I hope this pack will become useful.

In Y1 Music, we have been doing a variety of things this year but we have been mainly focusing on music play, notation and introducing the families of the orchestra. It would be worth having a notebook or pieces of paper for your child/children to complete some of the tasks on rather than printing this out.

Happy music-ing!

Moving

These are some great pieces we have listening to for warming up our bodies for the day!



The Nutcracker by Tchaikovsky

<https://www.youtube.com/watch?v=tlydA30aRAw>

Rock it for me by Caravan Palace

<https://www.youtube.com/watch?v=fBGSJ3sbivI>

Viennese Musical Clock by Kodaly

<https://www.youtube.com/watch?v=R0ws0tATJLg>

ACTION: Pretend you are being a clock with both arms straight above your head acting as the hands of the clock. Then bring your right arm down to your leg counting numbers 1-8 and then do the same with your left arm. And then reverse to the top again!

Listening

Read the information out, press the links to the videos and get them to write down answers on a separate piece of paper or notebook which you can check the answers for at the back of the pack. I would encourage children in this 'Listening' section, to write the title of each piece which is in bold on their paper before doing the tasks. Some of the pieces are quite long so I would advise to spread these out, one a day or one track a week.

Listen to this piece by Benjamin Britten (1913-1976) who was an English composer and wrote lots of music for children. This piece is called ***A Young Person's Guide to the Orchestra*** which introduces all the instruments from a classical orchestra. Listen and watch the video to hear all of instruments and tick the instruments off when you hear them!

<https://www.youtube.com/watch?v=TjOiZReM7m4>

Woodwind	Strings	Brass	Percussion
Piccolo	Violin	Trumpet	Timpani
Flute	Viola	Trombone	Triangle
Oboe	Cello	French horn	Glockenspiel
Clarinet	Double bass	Tuba	Bass drum
Bassoon	Harp		Cymbals

Write these out on the piece of paper for them first.

The next piece is a very fun piece by a composer called George Gershwin (1898-1937) who was an American composer and often combined jazz music with classical. Watch this video and listen to how he combined the fun upbeat feeling of jazz with a classical orchestra with a keyboard instrument as the main solo instrument. This piece is called ***Rhapsody in Blue***.

<https://www.youtube.com/watch?v=ie-TS-BitnQ>

Questions

- 1) Which instrument opens the piece? Describe the playing. (Use the list of instruments from *A Young Person's Guide the Orchestra* to help you).
- 2) What is the main solo instrument in this piece?



To help, perhaps pretend to play the piano!

In class a few months ago, we listened to *Peter and Wolf* by Russian composer Sergei Prokofiev (1891-1953) which gives each character an instrument from the orchestra. Watch the story and enjoy!

<https://www.youtube.com/watch?v=Va8Uz6MoKLg&t=186s>

Questions

Which instruments represent the characters? What family are they from?

(Use the list from *A Young Person's Guide the Orchestra* to help you).

Peter:

The Bird: Family

The Duck: Family

The Cat: Family

Grandfather: Family

The Wolf: Family

The Hunters: Family



Write this out on the piece of paper for them first or encourage them to **write sentences** e.g "Peter is played by the strings" or "the cat is played by the clarinet which is from the woodwind family."

This could be their
night time story!

Another great piece to listen to is a piece called *Scheherazade* by Russian composer **Nikolai Rimsky – Korsakov** (1844-1908). Read the story of *Scheherazade* before or whilst listening to the piece and see if you can hear where the story lines up with the music. Listening especially to the beautiful solo violin which represents Scheherazade and her story telling.

https://www.youtube.com/watch?v=jR_Q7NblZyU&t=30s

Read the story of *Scheherazade* before or whilst listening to the piece and see if you can hear where the story lines up with the music. Listening especially to the beautiful *solo violin* which represents Scheherazade and her story telling.

"Shahryar, the Arabian King, discovered that one day that his first wife was unfaithful to him. He therefore decided to kill his first wife and marry a new woman each day as well beheading the previous day's wife in order to prevent them from being unfaithful to him. He had killed many women by the time he was introduced to Scheherazade, the vizier's daughter.

Scheherazade was an amazing and very skilled story teller. She had collected thousands of poems and stories of kings and queens, love and tragedy and she knew them all by heart.

Against her father's wishes, Scheherazade volunteered to marry the king to see if she could stop him from killing so many women. The king lay awake and listened with awe as Scheherazade told her first story. The night passed by and Scheherazade stopped in the middle. The king asked her to finish, but Scheherazade said there was no time, as dawn was breaking. So, the king spared her life for one day to finish the story the next night. The following night, Scheherazade finished the story and then began a second, a more exciting tale, which she again stopped halfway through at dawn. Again, the king spared her life for one more day so she could finish the second story.

And so, the king kept Scheherazade alive day by day, as he eagerly anticipated the finishing of the previous night's story. At the end of 1,001 nights, and 1,000 stories, Scheherazade told the king that she had no more tales to tell him. During these 1,001 nights, the king had fallen in love with Scheherazade. He spared



her life and made her his queen."

The final piece, *Short Ride in a Fast Machine*, is a fantastic joyful piece deliberately written for children. It is written by American composer John Adams (1947 - present) and he uses a lot of repetition of musical ideas. He encourages listeners to imagine they are in a very fast machine travelling through a tunnel to space! The task for this piece is to find a piece of paper and draw the machine you picture in your head whilst listening!

Any resources can be used and no time limit. This could be a mini project they do whilst listening to the short piece or make it a larger 3D art project! Make sure to keep the song on repeat whilst creating to continuing inspiring.

https://www.youtube.com/watch?v=5LoUm_r7It8

Singing

These are links to some **fun songs** that are quite easy to pick up quickly when listening to it. They also helpfully have the lyrics in videos. Encourage your child to listen to them first and then restart and join in.

If You're Happy and You Know It

<https://www.youtube.com/watch?v=71hqRT9U0wg>

On Top of Spaghetti Song!

<https://www.youtube.com/watch?v=JGBE3eLpvm0>

Wash Your Hands

<https://www.youtube.com/watch?v=dDHJW4r3eIE>

Jump, Run and Shout!

<https://www.youtube.com/watch?v=hft6uJQIF4g>

Knick Knack Paddy Whack

<https://www.youtube.com/watch?v=9--t3zl4NkY>

Up, up, up!

https://www.youtube.com/watch?v=Lrd0TiER_JO

Over the Meadow

<https://www.youtube.com/watch?v=C6ljGXMMB-g>

Easter Bunnies! (Encourage them to move and hop around!)

<https://www.youtube.com/watch?v=Tyyh8rhwKQ8>

These are links to some songs we have done in class before

There's a Power in the Music

<https://www.youtube.com/watch?v=ohN28IOozMI>

How Far I'll Go

<https://www.youtube.com/watch?v=cPAbx5kgCJo>

Boom Chicka Boom

<https://www.youtube.com/watch?v=9nKq4jm4LD8>

The Great Big Moose

https://www.youtube.com/watch?v=_pTk5Cmsgag

**+ Together
and Today
Mp3 attached**

Extra activity idea - Music Arts and Crafts

Create your own drum!



You will need:

- Finished food tin (make sure it isn't sharp at the top!)
- A balloon
- Rubber band or a hair band
- Scissors
- Something to tap the top of the with e.g. a pencil



Instructions:

- 1) Cut off the tube of the balloon.
- 2) Stretch the balloon over the top of the tin.
- 3) Put the rubber band over the top of the tin so it is covering the balloon over the edge.
- 4) Tap away!

Answers:

Rhapsody in Blue

- 1) Clarinet. My own opinion, but I would describe it as cheeky, silly, fun, jazzy.
- 2) Piano.

Peter and the Wolf

Peter = Strings

Bird = Flute (woodwind)

Duck = Oboe (woodwind)

Cat = Clarinet (woodwind)

Grandfather = Bassoon (woodwind)

Wolf = French Horns (brass)

Hunters = Kettle drums (percussion)