

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Silver Menu Autumn 2017

**caterli**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>Main</b>	Sausages * with Mash & Gravy	Cottage Pie with Gravy	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Chicken Tikka with Rice	Fish Fingers or Sa Nuggets with Ch Homemade Tomat
30 <sup>th</sup> Oct 20 <sup>th</sup> Nov 11 <sup>th</sup> Dec 2 <sup>nd</sup> Jan 22 <sup>nd</sup> Jan 19 <sup>th</sup> Feb 12 <sup>th</sup> March	<b>Vegetarian</b>	Quorn Sausages & Mash with Gravy	Sweet & Sour Quorn & Vegetables with Noodles	Quorn Roast with Roast Potatoes and Gravy	Creamy Vegetable Pie with Mash Potato Topping	Macaroni Chees Garlic Slice
		Cauliflower Peas	Carrots Green Beans	Savoy Cabbage Swede	Sweet corn Roasted Fresh Peppers	Baked Bean Garden Pea
	<b>Dessert</b>	Wholemeal Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Apple & Raisin Flapjack with Milk Yoghurt Fresh Fruit Platter	Carrot and Courgette Cake with Milk Yoghurt Fresh Fruit Platter	Fresh Apple Pie & Custard Yoghurt Fresh Fruit Platter	Lemon & Berry Drizz Yoghurt Fresh Fruit Plat
<b>Week 2</b>	<b>Main</b>	Beef Burger with Jacket Wedges & Homemade Tomato Sauce	Chicken Neapolitan Wholemeal Pasta	Roast Beef with Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Fish Fingers wi
6 <sup>th</sup> Nov 27 <sup>th</sup> Nov 18 <sup>th</sup> Dec 8 <sup>th</sup> Jan 29 <sup>th</sup> Jan 26 <sup>th</sup> Feb 19 <sup>th</sup> March	<b>Vegetarian</b>	Vegetable Lasagne Jacket Wedges	Lentil & Vegetable Pasty with New Potatoes	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Lentil & Sweet Potato Curry with Rice	Cheese & Tomato with Chips
		Coleslaw Sweet corn	Broccoli Carrots	Carrots Courgettes	Roasted Mixed Vegetables	Baked Bean Garden Pea
	<b>Dessert</b>	Orange Bread & Butter Pudding with Custard Yoghurt Fresh Fruit Platter	Banana Loaf with Custard Yoghurt Fresh Fruit Platter	Vanilla Shortbread with Fresh Fruit Chunks & Milk Yoghurt Fresh Fruit Platter	Eves Pudding with Custard Yoghurt Fresh Fruit Platter	Chocolate & Bee Brownie with M Yoghurt Fresh Fruit Plat
<b>Week 3</b>	<b>Main</b>	Minced Beef and Onion Pie with Mash Potatoes	BBQ Chicken Pizza with Jacket Wedges	Roast Chicken with Stuffing with Roast Potatoes and Gravy	Beef Lasagne	MSC Breaded or B Fish with Chip
13 <sup>th</sup> Nov 4 <sup>th</sup> Dec 15 <sup>th</sup> Jan 5 <sup>th</sup> Feb 5 <sup>th</sup> March 26 <sup>th</sup> March	<b>Vegetarian</b>	Vegetable Wholemeal Pasta Bake	Bean Vegetable Chilli with Rice	Vegetable & Butter Bean Cobbler with Roast Potatoes and Gravy	Red Pepper Frittata with New Potatoes	Cheese & Tomato P Chips
		Green Beans Glazed carrots	Roasted Butternut Squash Curly Kale	Savoy Cabbage Mashed Swede	Broccoli Sweetcorn	Garden Pea Baked Bean
	<b>Dessert</b>	Rice Pudding with Mixed Berry Compote Yoghurt Fresh Fruit Platter	Pear Sponge with Custard Yoghurt Fresh Fruit Platter	Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Apple & Raisin Strudel with Custard Yoghurt Fresh Fruit Platter	Pineapple Upside C Custard Yoghurt Fresh Fruit Plat



\*Halal Sites – Chicken Sausage  
All other Sites – School Selection

Availab  
Bread freshly baked on  
Daily salad  
Fresh fruit...